



## AGSC UPDATE



### Thank you

I was honoured to receive a letter from the National Australia Day Council last December advising me that I had been nominated for the 2013 Australian of the Year Awards. They do not advise who submitted the nomination so I would like to take this opportunity to thank whoever is was for taking the time to do so. The certificate I received in recognition of this is very special to me. Is it very satisfying to know that the work I do, which I am passionate about and believe is very important for the children of Australia and their families, is valued and appreciated by others.

### WHAT' NEW!!

#### LAUNCH OF OUR NEW LOOK WEBSITE

Please [visit it](#) and let us know what you think. We will be updating the What's New pages regularly with programs, web links and other interesting resources.

It is now mobile devise friendly and offers you the chance to subscribe to our newsletter or contact us with you questions.

We now have offices in [Petersham](#), Sydney and our [Centre at Seven Hills](#).

#### FACEBOOK

Like us on Facebook and join our facebook pages to checkout out what is going on

[AGSC](#)

[Perth Support Group](#)

### In this month's AGSC UPDATE

- \* What's New
- \* Articles
- \* FREE Information Seminar -Sydney
- \* 2013 Camps
- \* Term 2 Social Skills Courses
- \* High School Skills courses
- \* Friday Night Groups

### ENCOURAGEMENT -V- PRAISE

Research by Carol Dweck, Ph.D. a professor at Columbia University, has now proven what Adler taught years ago. Praise is not good for children. Praise can create "approval junkies" instead of children with enhanced self-esteem. Dweck has also found that praise can hamper risk taking. Children who were praised for being smart when they accomplished a task chose easier tasks in the future. They didn't want to risk making mistakes. On the other hand, children who were "encouraged" for their efforts were willing to choose more challenging tasks when given a choice. [Read More about Carol's Dweck's work on Mind Set](#)

**This article by Timothy Evans presents the attitudes, language, and strategies necessary for effective encouragement, a key to success for motivating low-achieving or discouraged students. [Read More](#)**

### FREE INFORMATION SEMINAR -

#### Gifted and Underachieving

Learn about why some bright children don't thrive at school. Why they struggle to transfer their creative complex thinking, knowledge and ideas into high academic

achievement.

Thursday 9th May 7pm - 9.30pm

ASHFIELD CLUB Charlotte St Ashfield, NSW

[Learn more about what the seminar will cover by visiting our Events Page.](#)

Bookings essential.



## THE IMPORTANCE OF PLAY

This is a short but interesting article about unstructured, active play and its importance for learning life skills, developing imagination and creativity. Dr Barrett is concerned that by de-prioritising play we may be headed for a generation of depressed and anxious children. [Read More](#)

## 2013 CAMPS

### BOOK NOW

This years Theme:

### Fantasy & Mythology

[April 19th - 21th Perth](#)

[May 17 - 19th Canberra](#)

[August 9th -11th Morisset NSW](#)

Melbourne still to be organised

[More informarion about our camps program](#)

## SOCIAL SKILLS

Helping gifted children experience social success

TERM 2 2013 courses

[CANBERRA 7 - 11 year olds April 27 - 28](#)

[SYDNEY 5 - 12 year olds May 5 & 6](#)

[MELBOURNE 5 - 12 year olds Jun 22-23](#)

## ADOLESCENTS

HIGH SCHOOL SKILLS PROGRAM

Part 2 & Part 3 ( can be done as stand alone or part of the full course)

[Guided Study Session May 5th 12 - 4pm](#)

Narreburn ( Near Crows Nest)



## WORKING MEMORY

Cogmed Working Memory Training is an evidence-based program for helping children, adolescents, and adults sustainably improve attention by training their working memory.

Working memory is the ability to keep information in your mind, manipulate it, and use it within short periods of time. It is central to attention, concentration and problem solving. Think of it as your attention stamina in the face of

### **NEXT FRIDAY NIGHT GROUP**

SYDNEY 3rd May , June 7th  
6.30 - 9pm in Blacktown

PERTH 10th May, 14th June  
6.30 - 9pm in Leeming

information overload. Strong working memory skills play a key role in academic and workplace success.

Read about the experiences of two boys who have undertaken the training - [User Stories](#)

### **WEB LINKS**

[BOOK & RESOURCES](#) [SENSORY DEVELOPMENT](#) [ARTICLES](#) [GIFTED](#) [TWICE EXCEPTIONAL](#)  
[HOME](#)

AUSTRALIAN GIFTED SUPPORT CENTRE

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