## Seminar Program

- 7pm Registration and Book display
- Purchase drinks or food if you wish
- 7.15 Welcome and introduction
- Presentation
- 8.15 Break book display or purchase drinks
- 8.30 Resume questions
- Presentation
- 9.15 Lucky Door Prizes
- Questions
- 9.30 Finish

#### Gifted and Underachieving

*Presented by* Helen Dudeney MEd, COGE



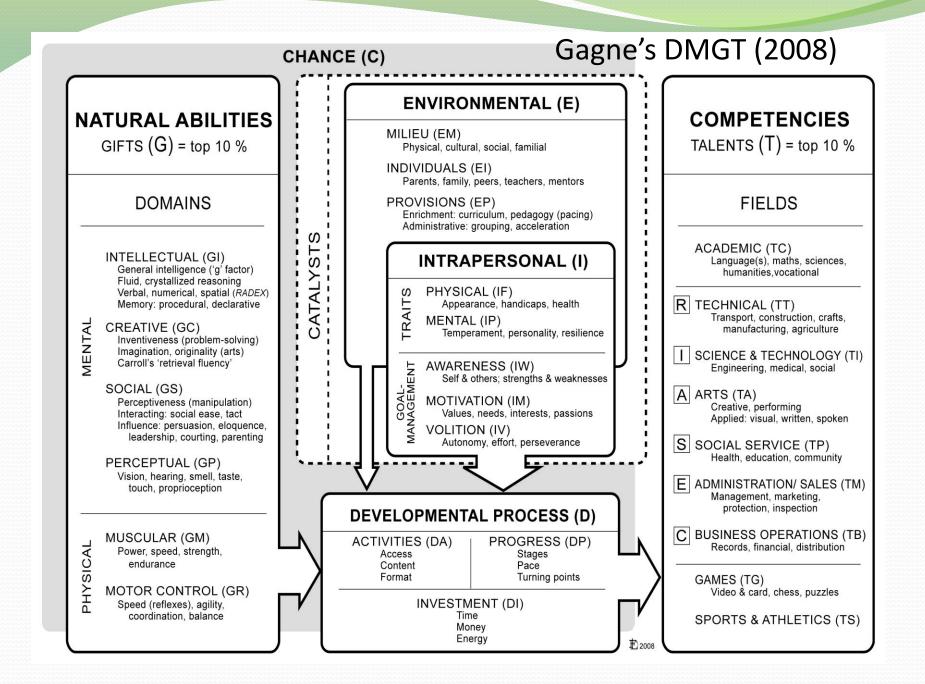
Principal consultant Australian Gifted Support Centre Starjump Consultant - Cogmed Qualified Coach Phones 9620 6037 0417 208 562 Email: <u>helen@australiangiftedsupport.com</u> www.australiangiftedsupport.com

### Columbus Group 1991

Giftedness is Asynchronous development in which advanced cognitive abilities and heightened intensity combine to create inner experiences and awareness that are qualitatively different from the norm.

This asynchrony increases with higher intellectual capacity.

The uniqueness of the gifted renders them particularly vulnerable and requires modifications in parenting, teaching and counselling in order for them to develop optimally.



 Some have estimated that the percentage of students with high ability who do not achieve is as high as 50% (Peterson, J. 1993)

## UNDERACHIEVEMENT

#### DEFINITIONS

- Underachievement is a discrepancy between the child's school performance and some index of his/her actual ability, such as intelligence, achievement, creativity scores or observational data (Davis & Rimm, 1994, p.281)
- Underachievement is content and situation specific and is in the eye of the beholder, (Nordby, 1998)

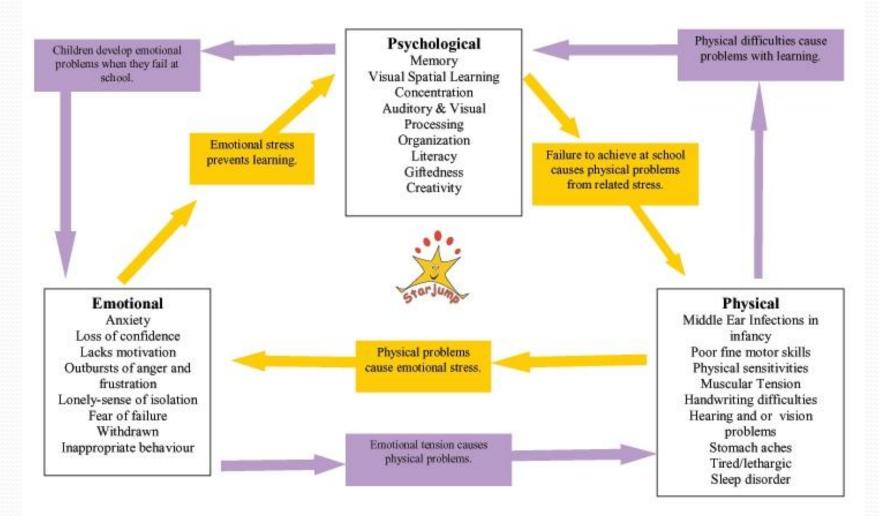
- Underachievers are made not born. It is the child's choice to underachieve." (Lewis, 1988)
- Never take away the thing or things that a child loves and succeeds in. (Lewis, 1988)
- Gifted students underachievement is a way to express either a need for attention or a need for control over a situation.
  (Colangelo & Davis, 1977)

- Underachieving gifted students are reported to attribute success to ability and not see the relationship to effort. (Clarke, 1997)
- The central characteristics which distinguishes achievers from underachievers is an internal locus of control, the sense that children can effectively change their academic outcomes by effort.(Rimm, 2002)
- Whitmore talks about underachieving schools

#### Factors influencing Underachievement

- Co-existing conditions
- Gender Ethnic or socio-economic group
- Environment
- Motivation

#### BREAKING THE CYCLE OF LEARNING DIFFICULTIES



## Some co- existing conditions

- Visual processing problems
- Central auditory processing problems
- Sensory integration issues
- Retained primitive reflexes
- Diet and gut problems
- Neurological problems -Executive functioning problems such as ADHD
- Autism spectrum disorder Aspergers
- Anxiety

# Gender, ethnic or socio- economic group

- Girls
- Boys
- Indigenous
- Low socio economic

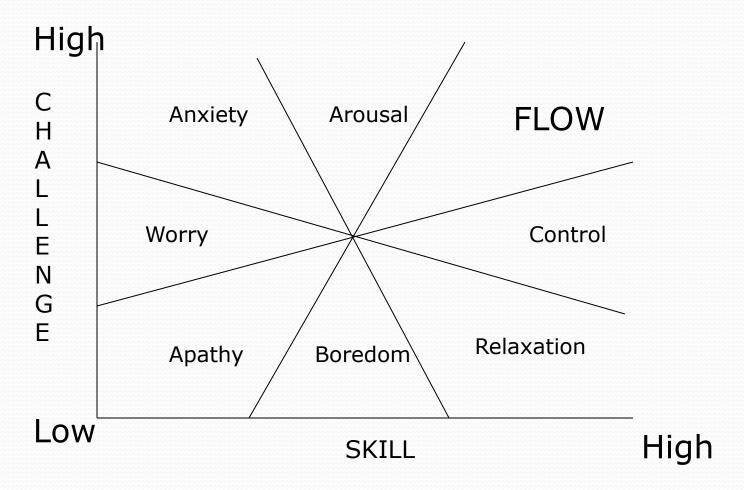
# Why would a gifted child *choose* to underachieve

- Imposter syndrome
- Forced choice dilemma (Gross)
- Involuntary minorities
- Difference eg. Early readers
- Unchallenging schoolwork/inappropriate curriculum

## Distinction between boredom and learning

- 5 distinguishing features The 5 C's
  - Control
  - Choice
  - Challenge
  - Complexity
  - Caring teachers

FLOW IS - The quality of experience as a function of the relationship between challenges and skills. Optimal experience or flow occurs when both variables are high.(Csikszentmihalyi, 1990)( chic sent me hi)



## Obstacles that prevent 'flow'

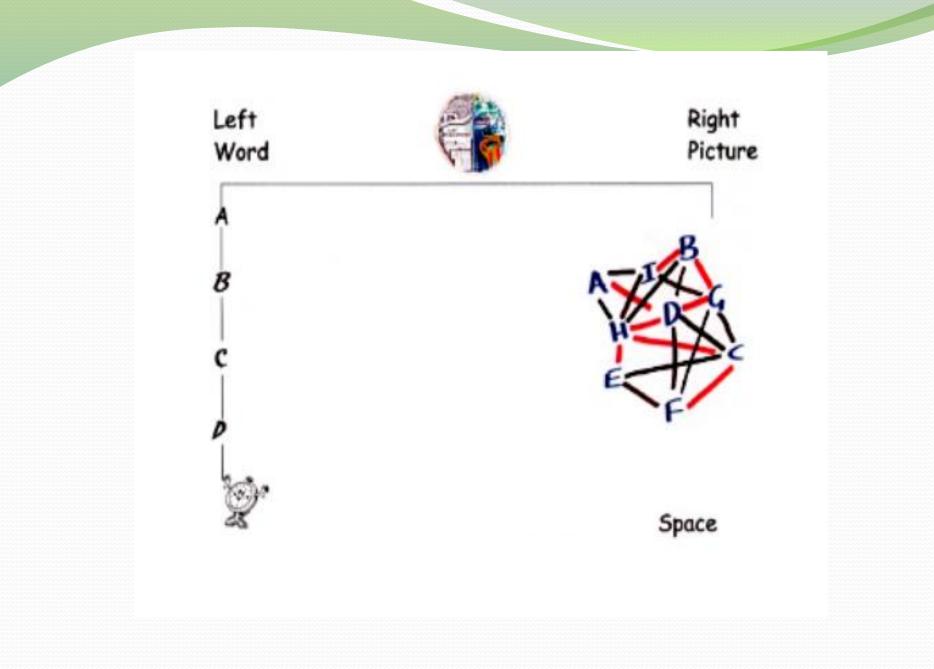
- Lack of choice over content and scope of assignments
- Lack of challenge to current skills
- Lack of clarity, both in the goals of student work and in feedback to performance
- Lack of control over the match between challenge and skill

### Reduce the underachievement cycle

#### Assessment

- Of students' abilities, strengths, interests, problems areas by trained psychologist/ school counsellor
- Communication
  - ongoing between parents and teachers and the student
  - focus on reinforcing strengths /abilities
  - remediating or make adjustments for the weaknesses





#### Creative and Non Creative Thinkers AHA Moments!!

- Distinctive pattern of brain activity even at rest
- Greater activity in regions of right hemisphere
- Different brain activity in visual processing areas of brain
- Consistent with diffused rather than focussed visual attention
- Collect a broader range of inputs that trigger remote associations
- (Kounios, J. Jung-Beeman, M 2007)

# Analytical processors / auditory sequential

- Learn persistently
- In quiet setting
- Bright lighting
- Formal seating
- Little or no food or drinks

## Global holistic processors / visual spatial

- Require regular breaks
- Soft lighting
- Sound in the environment
- Seating informally
- Regular snacks and drinks
- Learning with peers
- Tactile activities
- Learn on different tasks at the same time
- Poor auditory memory

- While many gifted learners may prefer holistic tasks, only underachievers appear to have relative performance deficits in analytic tasks as compared to holistic tasks
- Perhaps this indicates more of a cognitive style than preference

## **Important implications**

- Most gifted students with IQ >= 145 were global learners Cody (1983)
- Most underachievers were also global and almost exclusively tactile/kinesthetic learners (Price, Dunn, Dunn & Griggs1981)
- Only 12% low achieving gifted students prefer auditory learning
- 65% of teachers were analytic
- Underachievement may be learned through the struggle to cope with the psychological conflict of the classroom (Whitmore, 1980)
- Self efficacy is influenced by our past experience of mastery and the feedback from respected others (Bandura, 1986)



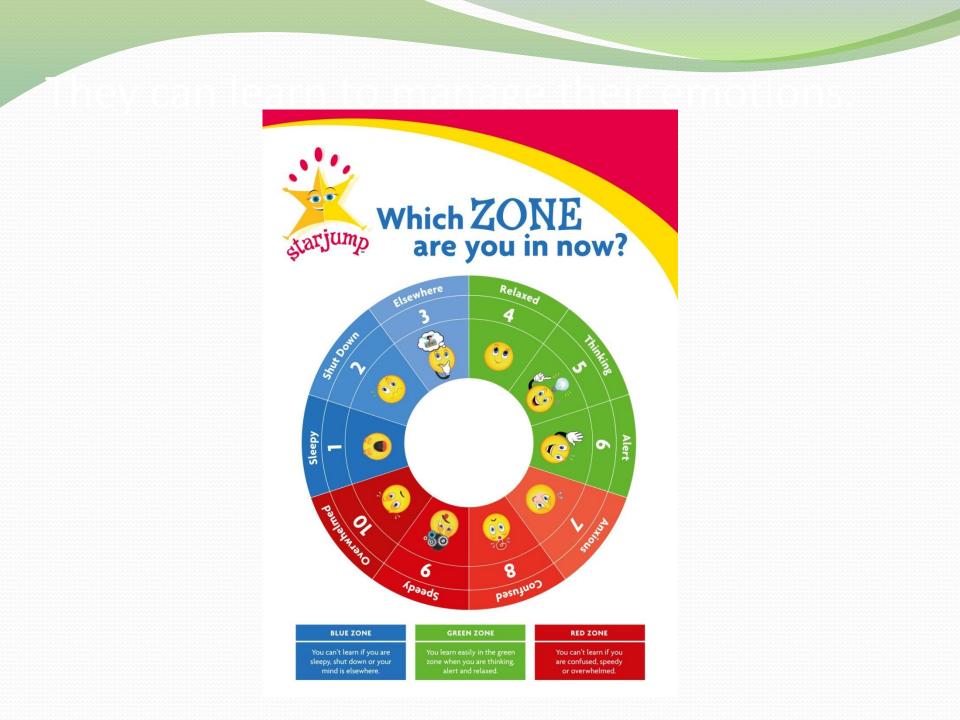
 "Illustrated by Duck Jones. Re-printed by permission non-onverman, L. (2002) Upside-Down Brilliance: The Visual-Spatial Learner, Denver: DeLeon Publishing."

# Initial identification due to school based problems

- Has difficulty finishing tasks/schoolwork
- Has a poor sense of time, does poorly on timed tests
- Has difficulty with spelling and /or reading
- Loves books or learning but reluctant reader
- Has difficulty with times tables and /or computation
- Disorganised, poor listening skills and easily distracted
- Often thought to be lazy or disinterested
- Poor eye contact

### Emotions

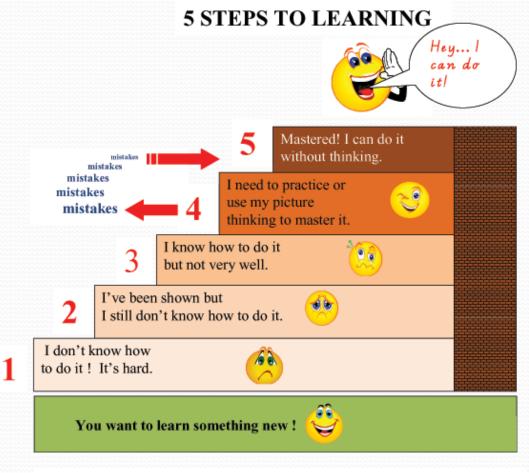
Does your child need to learn how to manage his/her anxiety? Is he/she a visual spatial learner? If so, standard talking interventions have limited value. A picture thinker approach is needed.



## Learning to handle mistakes

#### Perfectionism

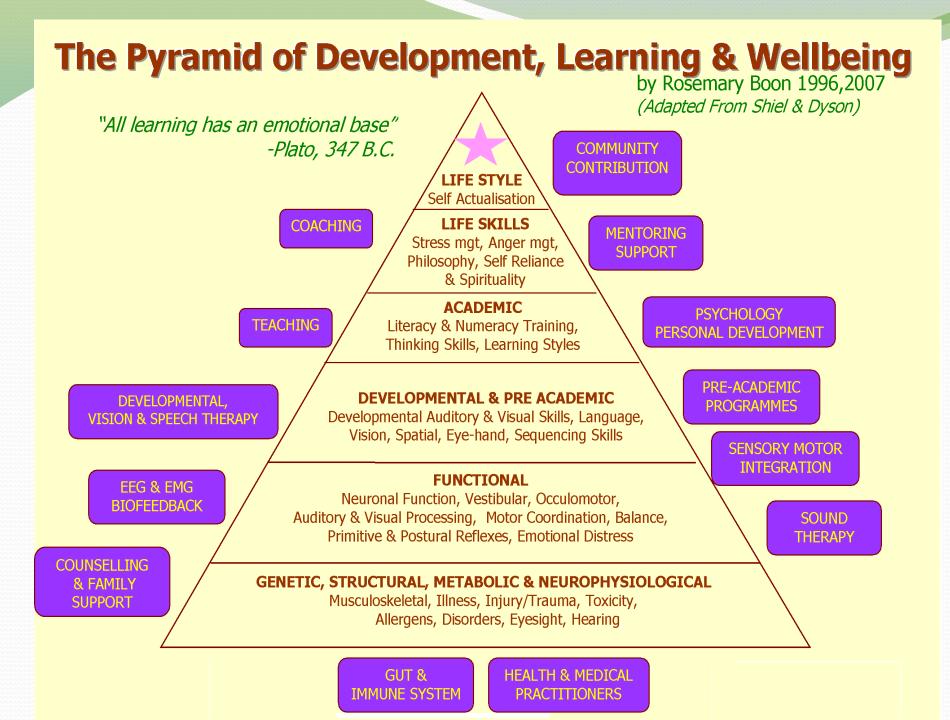
- Anxiety
- Risk taking
- Living with mistakes



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## Break

- Please take the time to chat to others
- Look at the book display
- Resource sales table
- Purchase a tea/coffee or drink
- <u>Raising Small Souls</u>



### MAJOR RISK FACTORS

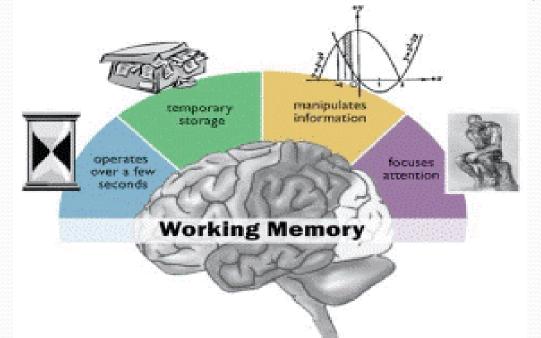
- Generally at least above average to high intelligence
  - Masking effect
- Scatter in IQ scores on WISC assessments
  - Depressed IQ scores
- Struggle as work increases
  - Underachievement
    - Low self efficacy, loose motivation, hate school, teacher's expectations/beliefs, poor behaviours
- Lack of accurate assessment of whole person including coexisting conditions-multi modal

#### HISTORY

- History of allergies or ENT problems in first 5 years
- Conductive hearing loss in early childhood
- Poor short term auditory memory
- Family member with similar style

## Working Memory

- The term used to refer to a brain system responsible for temporarily storing and manipulating information.
- It functions as a mental workspace that can be flexibly used to support everyday cognitive activities that require both the simultaneous processing and storage and retrieval of information. Tracy Packham Alloway - Educational Research and Resources Vol 1(4), pp.134-139, July 2006



- Evidence shows that working memory is critical for academic success and has implications for:
  - focusing appropriately
  - shutting out distractions
  - complex thinking
- Managing working memory deficits in the classroom.
  - change the learning environment with good classroom strategies,
  - change the student with targeted working memory training.
- Researchers argue that working memory is a better predictor of school and work success than IQ

### Identifying characteristics of Visual-Spatial System of Thinking

- Visual, not auditory
- Spatial, not sequential
- Holistic, not detail-oriented
- Focus on ideas, not format
- Pattern seeking
- Divergent, Not convergent
- Sensitive and intense
- Asynchronous development

## Characteristics

#### Strengths

- Thrives on complexity
- Loves difficult puzzles
- Fascinated by computers
- Great at geometry and physics
- Keen visual memory
- Creative, imaginative
- A systems thinker
- High abstract reasoning
- Excels in math analysis
- High reading comprehension
- Excellent sense of humor

- Weaknesses
  - Struggles with easy material
  - Hates drill and repetition
  - Has illegible handwriting
  - Poor at phonics, spelling
  - Poor auditory memory
  - Inattentive in class
  - Disorganised :forgets details
  - Difficulty memorizing facts
  - Poor at calculation
  - Low word recognition
  - Performs poorly on times tests



 "Illustrated Brilliance: T

Upside Down Brilliance , Silverman 2002

Silverman, L. (2002) Upside-Down lishing." The figures to follow come from a random selection of 50 Gifted LD s The figures to follow come from a random selection of 50 Gifted LD students we have assessed over the last few years.

#### Prevalence of Coexisting conditions

88% had 3 co existing conditions flagged50% had 4 co existing conditions flagged

# Understanding the big picture is necessary in order to get the right intervention.

## **Visual Disorders**

76% had symptoms to suggest moderate to severe problems in the following areas:

- Visual processing
- Visual motor
- Visual perceptual
- Visual somatic integration
- Actual vision
- Visual strength and dynamic function.

## Central Auditory Processing Disorders

#### Visual Spatial Learning Strategies are essential for children with a CAPD.

## ADHD or ADD

ADHD or ADD

Treatment is highly recommended to avoid negative long term social, emotional and academic problems.

#### **Over excitabilities**

Intellectual Emotional Imaginational Sensual Physical

- 84% had an Intellectual OE.
- 66% had 2 OE's
- 30% had 3 OE's
- 22% had 4 or 5 OE's

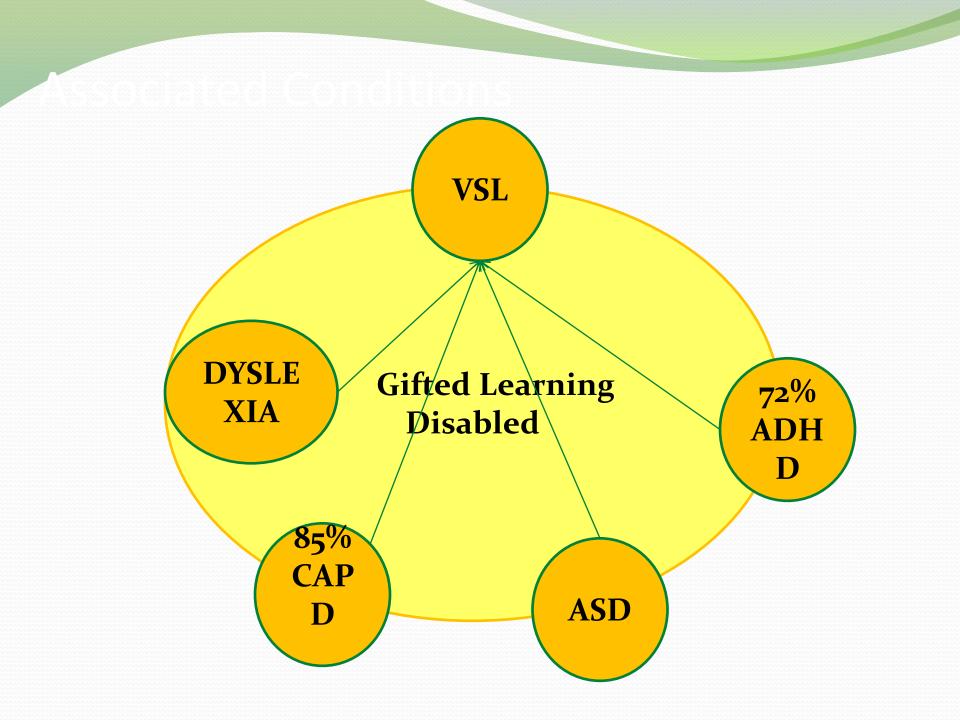
#### **Sensory Integration Profile**

Tactile Taste & Smell Under responsive Auditory Visual Low energy/weak Movement

84% had 1 area that showed a definite difference from the norm. 30% had 4 areas that showed a definite difference from the norm.

www.suelarkey.com.au

Primitive Reflex Work is recommended. Specialist OT to work with sensory modulation.



## **Visual Spatial Thinking Dominance**

76% of the GLD group had a dominant visual spatial thinking system as described by Dr. Linda Silverman in Upside Down Brilliance.

> Most only think in 3D COLOUR MOVING IMAGES and in a MULTI DIMENSIONAL WAY. But never use this ability to learn at school!

## **Positive Response**

- 1. Identify & treat underlying conditions.
- 2. Attend to their social need to be with like minds.
- 3. Provide a learning structure that allows them to explore their ideas.
- 4. Teach them Visual Spatial Learning Strategies.
- 5. Remediate and support via cognitive strengths.
- 6. Allow them to follow their passions, especially at school. (eg PLIESE provides a great service!)
- 7. Provide individualized education plans.
- 8. Teach kids how to understand and manage the emotions of learning.
- 9. HAVE FAITH IN THEM

## Achievement

- Occurs as a result of
  - Interaction between learning style and learning environment
- Therefore there needs to be
  - A better match between the school curriculum and learning environment and gifted students learning needs and preferences, including explicit teaching of skills related to their weaknesses and suitable adjustments to the learning environment.

## Resources – Web sites

- www.australiangiftedsupport.com
- <u>www.gifted-resources-centre.org</u>
- www.starjumpcom.au
- www.gifteddevelopment .com
- <u>www.giftedservices.com</u>
- <u>www.piecesoflearning.com</u>
- www.hoagiesgifted.org
- www.egroups.com/group/OnTheRightSide
- www.sinetwork.org
- <u>www.bibliofind.com</u>
- www.inspiration.com
- <u>www.multiplication.com</u>
- www.apduk.org
- www.bbc.co.uk/schools/typing/
- <u>http://picturemereading.com/index.html</u>
- www.nswagtc.org .au