





AGSC UPDATE

WHAT'S NEW!!

Psychologist

We are pleased to announce that we now have a psychologist working from both our Seven Hills and Petersham offices.

My daughter Jo Dudeney is offering a range of assessment and therapy services for children, adolescents and adults.

Learn more about this service.

Friday Night Groups

Commencing on 31st May we now have another Friday Night Group operating in Perth. This group is located North of the River and will compliment the group that runs South of the River.

For full details and to book

Details about all the Friday night groups are on the web site.

Day Camp ACT - 18th May

We are running a Day Camp for bright young children, 6years and under in conjunction with the Annual G & T camp at Camp Cottermouth in Stromlo. For full details and to book

Research WA Readers.

I would like to invite you to participate in a research project investigating the unique challenges experienced by parents of gifted children, and may highlight the need for specific and appropriate support.

To be eligible to participate in this project you will be from Western Australia and have a gifted child aged 4-17 years. Your child does not need to have been formally assessed as gifted for you to participate. Your participation is confidential and anonymous, and will take approximately 20 -25 mins to complete.

You can access additional information and the

In this month's AGSC UPDATE

- * What's New
- * Articles on
 - * Perfectionism
 - * Asynchrony
- * FREE Information Seminar -Sydney
- * 2013 Camps
- * Term 2 Social Skills Courses
- * High School Skills courses
- * Friday Night Groups
- * Gifted Support Groups
- * Early childhood conference

"PERFECTIONISM

"It's only natural to want to avoid making mistakes, but imperfection is a part of being human. And while perfectionists are often praised for their abilities, being constantly anxious about details can hold you back and keep you from reaching your full potential." Anthony M.M. 2009.

Experiences in the early years contibute to the rules and assumptions we work by and guide our behaviours and thoughts. Learning what is helpful and what is unhelpful about being a perfectionist is important. Here are a range of resources for children and adults to help with managing perfectionism.

<u>Training modules to help develop skills to</u> understand and manage perfectionism.

BOOKS

Nobody's Perfect: A Story for Children About Perfectionism" By Ellen Flanagan Burns -Sally overcomes her perfectionism when her teachers and mother help her realize that making mistakes is a part of learning, and that doing her best is good enough.

"Dorfoctionicm - What's Rad about Roing

online survey via the following link: https://www.surveymonkey.com/s/T5HM6CX If you would like additional information I can be contacted at:

katrina.casey@cqumail.com I thank you in advance for your time and contribution to the project.

Katrina Casey

Bachelor of Psychology (Honours) Student

FREE INFORMATION SEMINAR -

Gifted and Underachieving

Learn about why some bright children don't thrive at school. Why they struggle to transfer their creative complex thinking, knowledge and ideas into high academic achievement.

Thursday 13th June 7pm - 9.30pm

ASHFIELD CLUB Charlotte St Ashfield, NSW

<u>Learn more about what the seminar will</u> cover by visiting our Events Page.

Bookings essential. LIMITED PLACES

too Good" by Miriam Adderholdt.

"Peak Performance for Smart Kids" by Maureen Neihart

"When Pertect isn't Good Enough" by Martin Anthony & Richard **Swinson**

Books could be sourced through Book Depository (free world wide delivery)

Inspirational Quote:

Jordan

"I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed." Michael

Perth Visit

I spent 6 days in Perth during April running this years camp and also our first ever Day camp for under 6 year olds and their parents. It was great meeting and catching up with children and parents and seeing the wonderful way the children interacted with each other, catching up with friends from past camps or meeting new friends. As is so often the case, parents commented on how relaxed and at home their children seemed in this environment, something that is different from their usual experience. To me this is one of the strengths of these programs. I also had the opportunity to catch up with some of my past students from the Post Graduate Certificate at Murdoch and hear about the work they are doing in their schools. The work of these hardworking, creative professionals means that things are changing for gifted and 2e students.

Hear more about the camp from these parent's comments

We are running a similar Day Camp for 6 and unders in Canberra on 18th May. Check out the details

2013 CAMPS

BOOK NOW

This years Theme:

SOCIAL SKILLS

Helping gifted children and adolescents experience social success

TERM 2 2013 courses

Fantasy & Mythology

May 17 - 19th Canberra

August 9th -11th Morisset NSW

Melbourne still to be organised

More information about our camps program

ADOLESCENTS

SOCIAL SKILLS PROGRAM

SYDNEY 12 - 15 Year olds June 16

HIGH SCHOOL SKILLS PROGRAM

Part 3 I have my results back ... now what?!?

This four hour workshop will help you understand your examination and assessment task results, as well as help you to better prepare for your next examination block.

In this workshop we'll consider:

What to do AFTER your results come back Examination preparation Test taking techniques and Stress reduction strategies!

Sunday June 23rd 12 - 4pm

Narremburn (Near Crows Nest)

LEARNING LABS -

WOLLONGONG UNIVERSITY

Enrichment program for high achieving students in Years 7 - 10.

July 9th - 10th, 2013

Booking close 24th May, 2013



WORKING MEMORY

Cogmed Working Memory Training is an evidencebased program for helping children, adolescents, and

adults sustainably improve attention by

SYDNEY 12 - 15 year olds June 16

MELBOURNE 5 - 12 year olds Jun 22-23

NEXT FRIDAY NIGHT GROUP

SYDNEY June 7th 6.30 - 9pm in Blacktown

PERTH

SOUTH 10th May 6.30 - 9pm in Leeming

NORTH 30th May 6.30 - 9pm in Greenwood



Giftedness and Asynchrony

The Columbus Group (1991) identified that the way we parent,

teach and counsel a gifted child needs to be modified in order for them to develop optimally. Parents as advocates and counsellors of their gifted children need to understand the social and emotional needs as well as the intellectual needs that necessitate this modification. Through looking at the characteristics of giftedness we will broaden our understanding of these children. While such descriptions and checklists of gifted characteristics are useful in identifying and understanding our gifted young people, it is also important to remember that each gifted child is different and it is their unique personality, characteristics, stengths and challenges we need to support. Some additional resources your may find useful.

<u>Checklists</u> <u>Guide to Gifted Children</u>
Pdf <u>New Book - Giftedness 101 by Dr Linda Silverman</u>

GIFTED SUPPORT GROUPS

ONLINE

GLD AUSTRALIA Supporting those who parent or teach gifted children with disabiity, including ADHD, ASD and dyslexia

ASSOCIATIONS

GIFTED FAMILIES SUPPORT GROUP INC.
Proviiding programs for children, parents and teachers in the Sydney area.

training their working memory.

Check out our website for more details.

EARLY CHILDHOOD CONFERENCE

The conference is specifically looking at research in the area of giftedness in early childhood and features leading Australian researchers.

Hosted at Macquarie University on 31st May

Program details

WEB LINKS

BOOK & RESOURCES SENSORY DEVELOPMENT ARTICLES GIFTED TWICE EXCEPTIONAL HOME

FACEBOOK

Like us on Facebook and join our facebook pages to checkout out what is going on with our regular links to interesting articles and resources $\frac{1}{2}$

AGSC

Perth Support Group

AUSTRALIAN GIFTED SUPPORT CENTRE

http://www.austrtaliangiftedsupport.com enquiries@australiangiftedsupport.com 0417 208 562